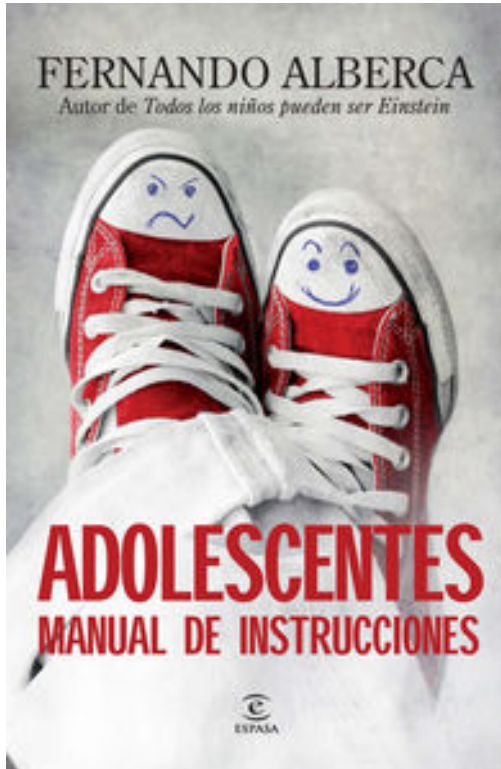


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, Este es ese manual. Una obra que sirve para eliminar viejos esquemas y llegar de un modo práctico al fondo de los problemas de cada hijo, con cariño, acierto y comprensión, dando respuesta a inquietudes como:

¿En qué piensa y qué siente el adolescente?

¿Por qué tiene ciertos comportamientos y cómo han de reaccionar los padres ante ellos?

¿Cómo alimentar la autoestima de un hijo?

¿Cómo interpretar sus gestos y palabras?

¿Cómo hacerle entender que sus padres están en su mismo equipo, incluso cuando le corrigen?

Descubre y aprovecha la adolescencia, aprende a hacerla más fácil y disfruta de una etapa decisiva en la vida de tu hijo.

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