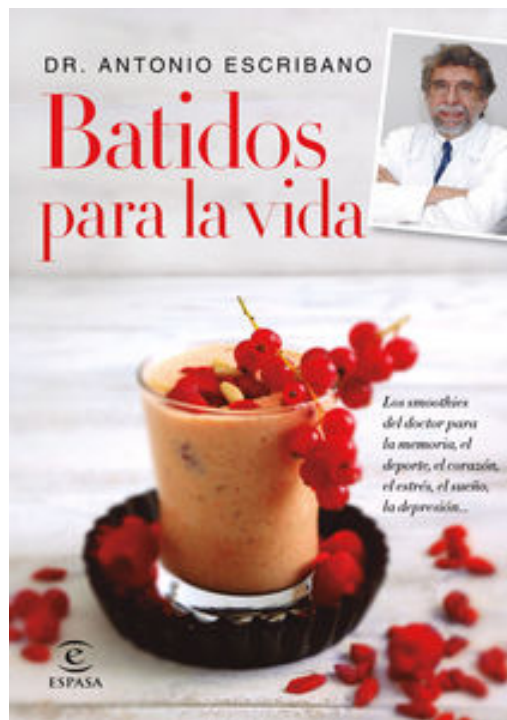


Descargar Libro En Línea PDF Epub Mobi Español Batidos Para La Vida - Dr. Antonio Escribano



Descargar libro en línea PDF epub mobi Español Batidos para la vida Dr. Antonio Escribano , El Dr. Escribano nos ofrece 46 recetas de batidos saludables realizados con alimentos naturales para combatir los problemas de corazón o de memoria, para dar energía antes de realizar deporte o para ayudar a coger el sueño. Un libro en el que explica, desde el punto de vista médico, las ventajas de una buena alimentación y las virtudes de cada uno de los alimentos. Además incluye 96 páginas a color con las recetas de zumos y batidos.

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