

Descargar Libro En Línea PDF Epub Mobi Español Controle Su Destino - Tony Robbins



Descargar libro en línea PDF epub mobi Español Controle su destino Tony Robbins , Un viaje de autodescubrimiento cuya estación final es la más plena y satisfactoria realización de uno mismo.

¿Se deja arrastrar por circunstancias que parecen estar fuera de su control? Esa carencia de autodominio es consecuencia de múltiples factores: hábitos negativos, escaso conocimiento de los propios valores personales, dificultades en las relaciones con los demás... Todo ello causa esa angustiada sensación de estar manejado por los otros, por «lo» otro.

En *Controle su destino*, Anthony Robbins propone una serie de pautas sencillas de seguir que nos ayudan a descubrir nuestras creencias más profundas, nuestras preguntas fundamentales.

Los lectores han dicho...

«Impresionante. Leer sí o sí. Top10 de los últimos 100 que he leído. Libro de referencia. Recomendadísimo en todos los

sentidos.»

«Un maravilloso libro para "controlar tu destino". Aporta información y herramientas útiles para aplicar en tu vida y para aplicar en sesiones de coaching personal»

«Si te gusta leer libros de autoayuda este, para mí, es EL LIBRO.»

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