

# Descargar Libro En Línea PDF Epub Mobi Español Educación Emocional Y Apego - Rafael Guerrero



Descargar libro en línea PDF epub mobi Español Educación emocional y apego Rafael Guerrero , Además de entender qué es una emoción, se explica qué es el apego y los diferentes tipos que existen, así como las características que deben reunir un padre o una madre para vincularse de manera segura y saludable con su hijo, ofreciendo estrategias prácticas de intervención. Un libro imprescindible para entender qué son las emociones y cómo debemos enseñar a nuestros hijos y alumnos a gestionarlas para que crezcan felices y con una autoestima saludable.

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