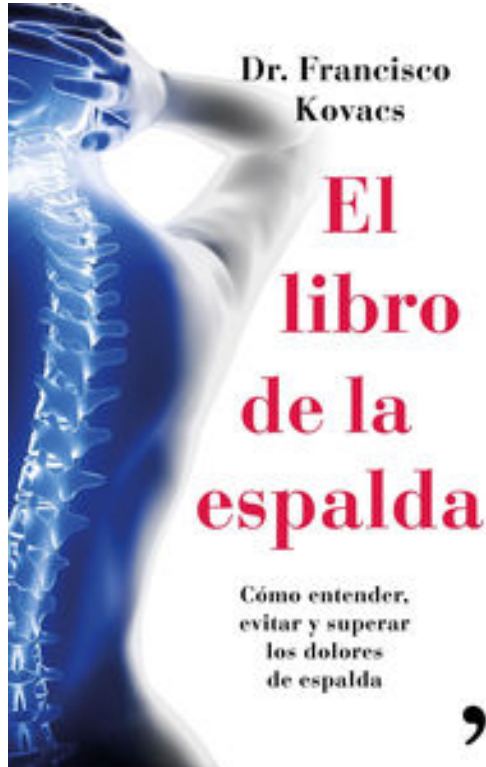


Descargar Libro En Línea PDF Epub Mobi Español El Libro De La Espalda - Dr. Francisco Kovacs



Descargar libro en línea PDF epub mobi Español El libro de la espalda Dr. Francisco Kovacs , Si alguna vez le ha dolido el cuello o la espalda, sepa que no es nada excepcional; le ocurre en alguna ocasión a más del 90 % de la población. Pero lo que comienza siendo banal puede complicarse; el dolor lumbar es la principal causa de discapacidad en todo el mundo. Este libro explica qué son cada una de las afecciones de la columna que le pueden diagnosticar, qué hacer si las padece, cómo comunicarse mejor con su médico y cómo asegurarse de que los tratamientos que le proponen son los más apropiados para su caso concreto.

El doctor Francisco Kovacs es uno de los principales investigadores internacionales en este campo. Basándose en un fundamento científico sólido y actualizado, y en la experiencia acumulada tratando a miles de pacientes, le explica cómo preservar la salud de su cuello y espalda.

Porque su papel como paciente es tan o más importante que el de su propio médico

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