

Descargar Libro En Línea PDF Epub Mobi Español Escuela De Parejas - José Antonio Marina



Descargar libro en línea PDF epub mobi Español Escuela de parejas José Antonio Marina , El tema de este libro no es el amor, sino la continuación del amor, que es, al parecer, uno de los problemas más difíciles a los que se enfrenta el ser humano. Resulta escandalosa la facilidad con que se pasa del «no puedo vivir sin ti» al «no puedo vivir contigo». Convivir plantea una serie de problemas y conflictos que conviene aprender a prevenir o a resolver.

¿Cuáles son las desavenencias más frecuentes en las parejas? ¿Cómo prevenirlas o resolverlas? ¿Esperan hombres y mujeres cosas distintas del matrimonio? ¿Es cierto que las mujeres piensan que para mantener una relación es importante hablar de ella, mientras que muchos hombres piensan que lo importante es no hablar de ella?

Abordar cuestiones como los malentendidos, la autonomía dentro de la pareja, el tratamiento de los celos, las peculiaridades de cada carácter, las creencias básicas de los cónyuges, son de gran importancia para desarrollar una buena comunicación entre las parejas porque, a fin de cuentas, el amor es una conversación y lo que conviene es ser buenos conversadores.

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