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demás.

Descargar libro en línea PDF epub mobi Español *Gastrofísica* Charles Spence , ¿Por qué comemos un 35% más cuando comemos con otra persona, y un 75% más cuando somos tres? ¿Por qué el 27% de bebidas a base de zumo de tomate se consumen en los aviones? ¿Qué planes tienen los grandes chefs y las empresas alimenticias para transformar nuestras experiencias gastronómicas? Y lo más importante, ¿qué podemos aprender de estas revoluciones para preparar platos memorables en casa?

Estos son sólo algunos de los ingredientes de *Gastrofísica*, un libro en el que el brillante profesor de Oxford, Charles Spence, nos muestra cómo nuestros sentidos se relacionan de formas extraordinarias, y la importancia de todos los elementos «más allá del plato» en la comida: el peso de los cubiertos, el color del plato, la música de ambiente, y mucho más. Bien sea comiendo solo o en una fiesta, en un avión o delante del televisor, el autor nos ayuda a entender qué estamos saboreando y a influenciar en la experiencia de los

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