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Descargar libro en línea PDF epub mobi Español La aventura del embarazo Dr. Luis Cabero & Pilar Soteras , Un libro práctico que engloba todo el proceso de gestación: qué hay que saber antes de quedarte embarazada, las pruebas médicas necesarias, el control de todos los aspectos de la gestación semana a semana, el proceso de crecimiento del feto, los cambios que experimenta la madre, los sentimientos y las emociones, los signos de alerta, el calendario de pruebas y las visitas, los tipos de parto, las técnicas de relajación, las primeras horas de vida del bebé, la lactancia o los ejercicios de recuperación. Un título indispensable sobre la gran aventura del embarazo.

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