

Descargar Libro En Línea PDF Epub Mobi Español La Felicidad Personal - Antoni Bolinches



Descargar libro en línea PDF epub mobi Español La felicidad personal Antoni Bolinches , Este libro propone pautas para realizar una transformación interior que permita vivir de acuerdo con uno mismo y propicie la consecución de la felicidad personal.

La felicidad no es algo que puedan darnos los demás. Únicamente quien sea capaz de aceptarse y quererse estará en condiciones de propiciar su felicidad y compartirla. Este libro propone pautas para realizar una transformación interior amorosa armónica y desarrollar al máximo el propio potencial. El camino de auto superación que este proceso abre ante nosotros nos conducirá hacia la felicidad.

Quien esté dispuesto a aprender de sus errores y considere que la felicidad depende más de sus actitudes que de sus circunstancias concretas, encontrará en este manual una guía útil para alcanzar la felicidad personal.

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