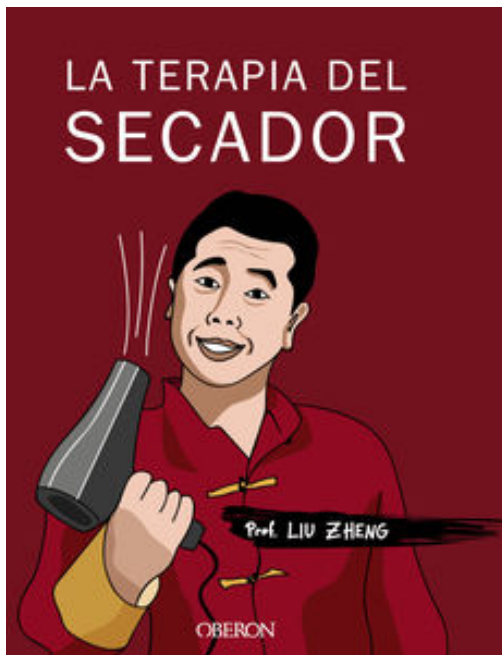


Descargar Libro En Línea PDF Epub Mobi Español La Terapia Del Secador - Liu Zheng



Descargar libro en línea PDF epub mobi Español La terapia del secador Liu Zheng , ¿Creías que la acupuntura solo podía practicarse con agujas especiales? ¿Pensabas que era preciso conocer los 365 puntos anatómicos para beneficiarse de esta sabiduría? Este libro te revelará que no es así. Nunca antes esta sabiduría milenaria estuvo al alcance de tu mano. El reconocido director de la clínica MEDIZEN ofrece un ingenioso método para tratar, sin salir de casa, pequeñas dolencias y enfermedades. Una forma práctica de combatir los dolores musculares, las alergias, el resfriado común, el insomnio, el estrés, la obesidad o la bajada de defensas. Si tienes un secador de pelo en casa, dispones de una cómoda y poderosa herramienta terapéutica. Sigue las indicaciones de la Medicina China y los puntos de Acupuntura. Estimulando ciertas zonas del cuerpo con el secador, eliminarás algunas de esas molestias de la vida cotidiana. Esta obra, eminentemente práctica, combina

explicaciones e ilustraciones para facilitar su comprensión. Además, incluye otros remedios curativos caseros como infusiones, saquitos térmicos de semillas y baños calientes. La editorial y el autor no se hacen responsables de posibles daños producidos por el mal uso de esta terapia.

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