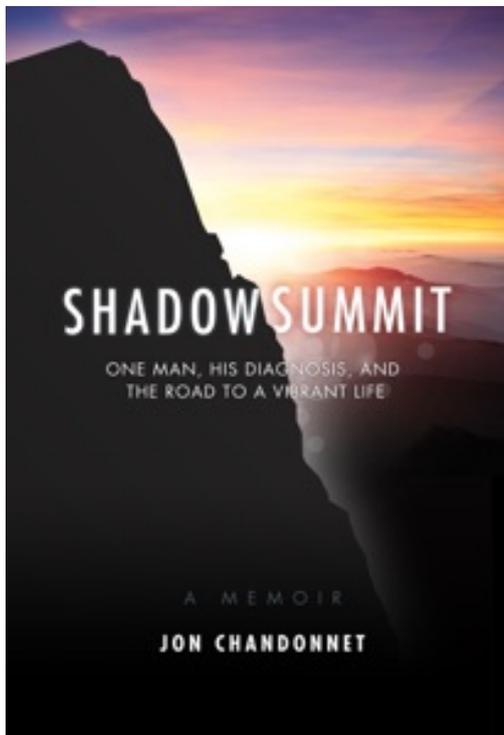


Descargar Libro En Línea PDF Epub Mobi Español Shadow Summit - Jon Chandonnet



Descargar libro en línea PDF epub mobi Español Shadow Summit Jon Chandonnet , Life has a way of interrupting our plans. Most of us get knocked off our chosen paths at some point. It's what we do in such moments that determine our fate.

In 1997, Jon Chandonnet - twenty-seven, a semester away from completing his Master's Degree at MIT, with a job offer from promising startup Sapient - received the diagnosis that would change his life: Multiple-Sclerosis.

MS knocked Jon down; it almost knocked him out - but it didn't. It motivated him to become more conscious and intentional about life. Putting into practice his learnings about diet, exercise and spirituality, Jon has reversed his symptoms.

Shadow Summit is the incredible story of Jon's journey

through denial

and suffering, to a vibrant life of love, healing, and wholeness that he was determined to make possible.

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