

Descargar Libro En Línea PDF Epub Mobi Español Sobre La Felicidad, La Vida Y Cómo Vivirla - Dalai Lama



Descargar libro en línea PDF epub mobi Español Sobre la felicidad, la vida y cómo vivirla Dalai Lama , Un compendio oral de la sabiduría práctica del Dalai Lama.

En este libro se recogen las conversaciones que, durante más de veinticinco años, ha mantenido el Dalai Lama con uno de sus más queridos discípulos.

En ellas Su Santidad muestra todas sus facetas: mentor personal, maestro en lo divino, líder terrenal, embajador del Tíbet, filósofo abierto al mundo, hombre versado en la sabiduría milenaria del budismo, experto en meditación... y también optimista incorregible.

El carisma del Dalai Lama y la profunda empatía que siente por la curiosidad de su alumno ofrecen una valiosísima lección sobre cómo podemos encontrar la verdadera felicidad en nuestras vidas.

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